

	Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Week Commencing 04/09/23 02/10/23 06/11/23 04/12/23	Main	Chicken Goujons	Mild Chilli Nachos	Pork Sausage Roast Dinner	Traditional Bolognese	Hot Dog
	Veggie	Mac and Cheese	Vegetable Omelette	Vegan Sausage Roast Dinner	Vegetable Arrabiata Pasta	Cheese and Tomato Pizza
	Side Included with the meals above.	Potatoes Seasonal vegetables	Basmati Rice Seasonal vegetables	Roast Potatoes, Stuffing, Gravy, Vegetables	Whole wheat Pasta Seasonal Vegetables	Skin on Fries Seasonal Vegetables
	Pudding Included with the meals above.	Apple Crumble or Yoghurt or Fruit	Chocolate Brownie or Yoghurt or Fruit	Lemon Sponge or Yoghurt, or Fruit	Fruit Jelly or Yoghurt or Fruit	Ice Cream or Yoghurt or Fruit

	Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Week Commencing 11/09/23 09/10/23 13/11/23 11/12/23	Main	Cheese and Bacon Pasta	Chicken Korma	Ham Roast Dinner	Mozzarella Meatballs	Cheese and Tomato Pizza
	Veggie	Veggie Ribbon Pasta Bake	Mozzarella No Meatballs	Quorn Roast Dinner	Roast Cherry Tomato Pasta	Vegetable Fingers
	Side Included with the meals above.	Whole wheat Pasta Seasonal Vegetables	Basmati Rice Seasonal Vegetables	Roast Potatoes, Stuffing, Gravy, Vegetables	Whole wheat Pasta Seasonal Vegetables	Skin on Fries Seasonal Vegetables
	Pudding Included with the meals above.	Cheese, fruit and biscuits or Yoghurt or Fruit	Chocolate Sponge or Yoghurt or Fruit	Fruity Flapjack or Yoghurt or Fruit	Pear Sponge or Yoghurt or Fruit	Ice Cream or Yoghurt or Fruit

	Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Week Commencing 18/09/23 16/10/23 20/11/23	Main	Sausage Roll	Beef Burrito Wraps	Chicken Roast Dinner	Mini Ploughman's Lunch	Fish Fingers
	Veggie	Veggie Burger	Mild Vegetable Curry	Vegan Sausage Roast Dinner	Roasted Vegetable Bake	Cheese and Tomato Pizza
	Side Included with the meals above.	Potatoes Seasonal Vegetables	Brown Basmati Rice Seasonal Vegetables	Roast Potatoes, Stuffing, Gravy, Vegetables	Potatoes Seasonal Vegetables	Chunky Chips Seasonal Vegetables
	Pudding Included with the meals above.	Peach Crumble or Yoghurt or Fruit	Chocolate Marble Cake or Yoghurt or Fruit	Fruit Jelly or Yoghurt or Fruit	Fruity Tea Bread or Yoghurt or Fruit	Ice Cream or Yoghurt or Fruit

	Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Week Commencing 25/09/23 30/10/23 27/11/23	Main	Ham and Cheese Pasta	Chicken Nuggets	Pork Sausage Roast Dinner	Chinese Style Chicken	Cheese and Tomato Pizza
	Veggie	Veggie Pesto Mozzarella Pasta	Veggie Bolognese Pasta	Cauliflower Cheese Roast Dinner	Quorn Nuggets	Veggie Burger
	Side Included with the meals above.	Whole wheat Pasta Seasonal Vegetables	Potatoes Seasonal Vegetables	Roast Potatoes, Stuffing, Gravy, Vegetables	Basmati Rice Seasonal vegetables	Skin on Fries Seasonal Vegetables
	Pudding Included with the meals above.	Fruity Granola Bar or Yoghurt or Fruit	Chocolate Cookie or Yoghurt or Fruit	Fruit Jelly or Yoghurt or Fruit	Ginger and Pear Sponge or Yoghurt or Fruit	Ice cream or Yoghurt or Fruit

	Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Week Commencing 04/09/23 02/10/23 06/11/23 04/12/23	Gluten/Dairy Free Option	Vegetable Burger	Mild Chilli Nachos	Pork Sausage Roast Dinner	Vegetable Arrabiata Pasta	Herby Bangers
	Vegan	Vegetable Burger	Mild Chilli Nachos	Vegan Sausage	Vegetable Arrabiata Pasta	Herby Bangers
	Pudding Included with the meals above.	Fruity Fromage Fraiss or Fruit	Chocolate Brownie or Fruit	Chocolate Cookie or Fruit	Fruit Jelly or Fruit	Ice lolly or Fruit

	Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Week Commencing 11/09/23 09/10/23 13/11/23 11/12/23	Gluten/Dairy Free Option	Veggie Ribbon Pasta Bake	No Meat Meatballs	Ham Roast Dinner	Roast Cherry Tomato Pasta	Fish Fingers
	Vegan	Veggie Ribbon Pasta Bake	No Meat Meatballs	Vegan Sausage	Roast Cherry Tomato Pasta	Fishless Fingers
	Pudding Included with the meals above.	Chocolate Brownie or Fruit	Fruity Fromage Fraiss or Fruit	Chocolate Cookie or Fruit	Chocolate Pot or Fruit	Ice lolly or Fruit

	Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Week Commencing 18/09/23 16/10/23 20/11/23	Gluten/Dairy Free Option	Herby Bangers	Mild Vegetable Curry	Chicken Roast Dinner	Roasted Vegetable Bake	Vegetable Burger
	Vegan	Herby Bangers	Mild Vegetable Curry	Vegan Sausage Roast	Roasted Vegetable Bake	Vegetable Burger
	Pudding Included with the meals above.	Chocolate Pot or Fruit	Chocolate Cookie or Fruit	Fruit Jelly or Fruit	Chocolate Brownie or Fruit	Ice lolly or Fruit

	Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Week Commencing 25/09/23 30/10/23 27/11/23	Gluten/Dairy Free Option	Jacket Potato and Beans	Veggie Bolognese	Sausage Roast Dinner	Chinese Style Veggie Stir Fry	Fish Fingers
	Vegan	Jacket Potato and Beans	Veggie Bolognese	Vegan Sausage Roast	Chinese Style Veggie Stir Fry	Fishless Fingers
	Pudding Included with the meals above.	Chocolate Brownie or Fruit	Chocolate Pot or Fruit	Fruit Jelly or Fruit	Fruity Fromage Frais or Fruit	Ice lolly or Fruit