

The 4th annual TREAK TREK



We are cycling 540
kilometres around
Cambodia to raise
funds for our school

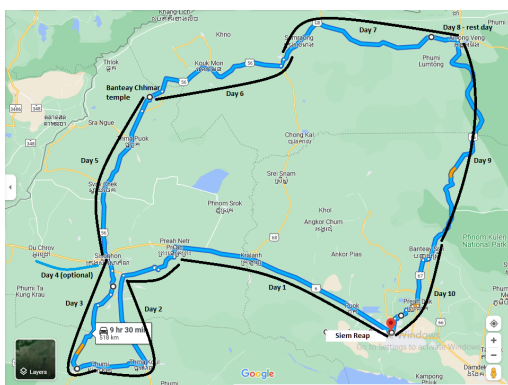
The 4th annual Treak Trek: 540 kilometres Thursday 9th November until Saturday 18th November 2023 A circular cycling tour around the northwest of Cambodia

Our friends in Treak are undertaking this incredible challenge from today. We will share the progress of the riders with our children over the course of the trek but we wanted to do more to support them. So, we will be 'matching' their 540 km with 540 minutes on our Wookey Workout equipment. Everyone in the school will take their turn and we will add up the minutes as we go. On the last day for us, the 17th November, we will have a final push to the 540 minutes (and beyond) during PE lessons.

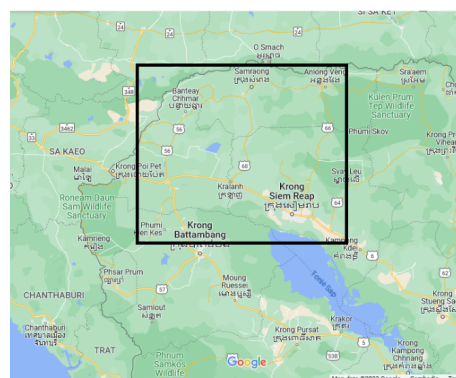
We are mindful that this is also BBC Children in Need day and we do not wish to put additional financial pressure on our school families, so we have decided to donate to the children in our link school this year. Therefore, children can come in non-uniform (appropriate for being outdoors, doing PE and the Treak challenge, but otherwise they are free to choose whatever they like). In exchange, if you are able to make a donation to the Treak Trek, we will pass the money raised to Mr Reynolds, our governor who has had a long-standing connection with Treak School.

Clicking on the link will enable you see their daily blog:

<https://treaktrek2020.wordpress.com/>



The route



Location in Cambodia