

# WOOKEY PRIMARY SCHOOL

## Nut Aware Policy



Wookey Primary School is food allergy aware.

This policy is to reflect what efforts we can all do to minimise the risk to children with allergies whilst appreciating that we cannot be completely confident that all food items brought in are nut free or that another child has not consumed nuts before coming into school.

Sometimes there are students at our school who have severe food allergies. The most common of these allergens are peanuts, tree nuts, eggs, fish and shellfish, soy and wheat. The most serious risk in our school is nut allergies which can cause life threatening anaphylactic reactions to some of our students.

### Aims of this policy

- To provide a safe learning environment for all members of the Wookey school community
- To raise the awareness of all members of the school community regarding severe allergies

### Management

The Nut Aware policy will be managed by:

- Requesting that parents and carers do NOT send food to school that contains nuts (especially peanuts). This includes all types of nuts, peanut butter, Nutella and food containing nuts.
- A list of school meals allergens is available and we do not supply any ingredients in food technology that have nuts or nut derivatives.
- Our school meal provider does not use nuts or nut products in their lunches..
- Staff supervise eating at lunchtime.
- Children are encouraged NOT to share food.
- Children are encouraged to wash hands before and after eating.
- Staff are given training in understanding and dealing with anaphylaxis (severe allergic reactions) as the need arises.

### Communication

This policy will be promoted by:

- Notice of this policy being issued to all parents and carers.
- Staff being informed and provided with training opportunities.
- Publication of this policy on the school website
- Children being informed via teachers, support staff and signs
- Being responsible when eating and handling food both inside and outside of school
- Teaching children to understand that foods they can enjoy eating can be also be dangerous to others
- Encouraging children to support their classmates with allergies by eating and handling food responsibly

### Risk Assessment regarding Nut Allergy

Staff will be alert to any obvious signs of nuts being brought in, but they will not inspect all food brought into school. If staff do notice a student that has brought in food that contains nuts or nut products these items will be removed.