## Dishes and their allergen content

## Week 2

Week Z														
Dishes						Lupin Flour			MUSTARD	2		Har Contraction of the second se		Beer WNE
Monday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts <sup>†</sup>	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sausage and gravy		~											√	~
Quorn sausage and gravy		✓												
Arctic roll		~		$\checkmark$			$\checkmark$						~	
Yoghurt							√							
Fruit														
GF/DF:Por k sausage														$\checkmark$
GF/DF:Ch ocolate brownie														
Vegan:Veg an sausage		~												
Vegan:Cho colate brownie														
Jacket and cheese							√							

Potatoes								
Vegetables								
Gravy								
Cheese for jackets				✓				
Bread	~							
Packed lunches	✓			$\checkmark$			$\checkmark$	

Dishes			×.			Lupin Flour			MUSTARD			Ha	Sec.	
Tuesday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts <sup>†</sup>	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Bolognese pasta		√					~							
Roasted veg pasta		~					$\checkmark$							
lced apple cake		~		$\checkmark$			$\checkmark$						$\checkmark$	$\checkmark$
Yoghurt							$\checkmark$							
Fruit														

GF/DF:Bol ognese pasta										
GF/DF:Frui t cookie										√
Vegan:Veg bolognese pasta										
Vegan:Frui t cookie										√
Jacket and beans										
Pasta		~								
Salad	$\checkmark$									
Garlic bread		~			$\checkmark$				$\checkmark$	
Beans for jackets										
Bread		~								
Packed lunches		~			√			1		



Wednesday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beef pie roast	$\checkmark$	~		$\checkmark$			√		~				✓	~
Cheese onion pasty roast	$\checkmark$	~		$\checkmark$			$\checkmark$		√				~	√
Blueberry muffin		~		$\checkmark$			√						✓	
Yoghurt							~							
Fruit														
GF/DF:Her by banger													✓	
GF/DF:Spo nge cake				$\checkmark$										
Vegan:Her by banger													√	
Vegan:Cak e		~												
Jacket tuna salmon mayo				V	√				~					
Roast potatoes														
Vegetables														

Tuna mayo for jackets		√	√		$\checkmark$			
Cauli/mac cheese	$\checkmark$			$\checkmark$	$\checkmark$			
Gravy								
Bread	$\checkmark$							
Packed lunches	✓			$\checkmark$			√	

Dishes			No.			Lupin Flour			MUSTARD					
Thursday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken fajita and nachos		1											✓	
Quorn fajita and nachos		√		V									~	
Chocolate apple pudding		✓		√			~						~	
Yoghurt							$\checkmark$							
Fruit														

GF/DF:Me xican chicken									$\checkmark$	
nachos GF/DF:Ch ocolate brownie										
Vegan:Veg wrap and nachos		~							$\checkmark$	
Vegan:Cho colate brownie										
Jacket and cheese					$\checkmark$					
Rice										
Salad	$\checkmark$									
Nachos									$\checkmark$	
Wraps		~								
Packed lunches		√			$\checkmark$			~		



Friday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts <sup>†</sup>	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cheese burger		~					√					1	✓	$\checkmark$
Cheese and tomato pizza		~					✓							
Ice cream							~							
Yoghurt							1							
Fruit														
GF/DF:Fis h fingers					$\checkmark$									
Gf/DF:Ice lolly														
Vegan:Fish less fingers		~												
Vegan:Ice Iolly														
Jacket and beans														
Fries														
Salad	√													
Beans														

Buns for burgers		✓						$\checkmark$	
Grated cheese for burgers					$\checkmark$				
Ketchup	$\checkmark$								
Bread		~							
Packed lunches		√			$\checkmark$			$\checkmark$	

Review date: 17.06.24

Reviewed by: J Honess

